



RULES & REGULATIONS SUNDAY MIXED TWILIGHT

15th January – 26th February 2012

Clubs participating in HACT social competitions agree to participate in the spirit of good will and fairness, encouraging participation and fostering cooperation.

1. Team composition – there **must not be more men than women on the field** in either mixed team at any one time except with the agreement of the opposing team, equal numbers if possible.
2. Games in this competition are two, twenty five minute halves, played on a Sunday evening with time slots between 4.00 pm and 9.00 pm.
3. No points table is kept for this competition.
4. Goalkeepers are optional.
5. Shots at goal may not be HIT or RAISED.
6. The ball may not be lifted dangerously anywhere on the field i.e. Overhead passes.
7. There will be no Penalty Corners as such. For an infringement of the rules by a defender inside the circle, the attacking team shall be permitted to take a one on one shot at goal from the edge of the circle directly in front of the goal, against one defender. All other players (attackers and defenders) must be outside the circle. N.B. Any player retiring behind the backline must not be closer than five (5) metres to the nearest goal post. No player other than the striker and the goal defender may move until the defender touches the ball. The ball may not be lifted at all. If the shot is saved, play on. The striker may only PUSH the ball; no other shot may be used.
8. There will be no penalty strokes – a penalty goal will be awarded where appropriate.
9. Weekly team fees (**\$100, GST inclusive**) must be paid IN FULL to the Ground Manager prior to the start of the game. Part payments are not acceptable - **NO PAY, NO PLAY**.
10. **A NON-REFUNDABLE nomination fee of \$150.00** applies upon nomination of this team.
11. Each team must supply one umpire each week they play. Umpires will be rostered to umpire the game either before or after they play. Failure to supply an umpire for any rostered commitment will result in a **\$35** fine payable on the night. The team will not be allowed to take the field the following week if this is not paid.
12. Forfeits must be notified in writing to the Competitions Coordinator at Hockey ACT by 5.00pm on the Thursday prior to the match otherwise the full weekly team fee will be charged.
13. Games **MUST** start on time – any delays will result in the match being shortened.

The Competitions Coordinator has the power to apply a penalty to teams or individual/s within a team for any breach of these rules. Penalty may include a warning, fine, loss of points and with regards to consistent and serious breaches expulsion from the competition.

Any contingencies not provided for in these rules shall be decided by the Competitions Coordinator

Further enquiries regarding this competition should be directed to Peter Bullock at the Hockey ACT office on 6257 2374 or competitions@hockeycanberra.org.au